**Take a Walk with Me…: A Privilege and Cultural Diversity Exercise**

**Directions:**  The leader reads a series of statements. You have ten points. If the statement is true for you, you will be asked to minus a point, or add a point. Please keep your answers private, as they can bring up uncomfortable situations. After the list is read, we will discuss the process.

Take a Walk with Me is made up from The Privilege Walks by the SUNY at Albany and Take the Privilege Walk by Adrienne Maree Brown.

1. If you’ve ever had to change your appearance, mannerisms, or behavior to avoid being judged, minus a point.
2. If English is your first language, add a point.
3. If you’ve ever had to skip a meal, or were hungry because there was not enough money to buy food while growing up, minus a point.
4. If one of your parents were unemployed or laid off, not by choice, minus a point.
5. If your parents were white-collar professionals – doctors, lawyers, etc. – add a point.
6. If your family owned the house where you grew up or land of any description, add a point.
7. If you or your family inherited money, add a point.
8. If you had to rely primarily on public transportation, minus a point.
9. If you were raised in an area where there was prostitution, drug activity or regular violence, minus a point.
10. If you lived in an area where you were able to play safely and unsupervised outside, add a point.
11. If either of your parents graduated college, add a point.
12. If you have been divorced or impacted by divorce, minus a point.
13. If you have visible or invisible disabilities, minus a point.
14. If your family had health insurance, add a point.
15. If your work and school holidays coincide with religious holidays that you celebrate, add a point.
16. If you’ve ever felt passed over for a job based on your gender, ethnicity, age, or sexual orientation, minus a point.
17. If you were ever offered a job because of your association with a family or friend, add a point.
18. If you ever felt unsafe walking alone at night, minus a point.
19. If you are a citizen of the United States of America, add a point.
20. If you took out student loans for your education, minus a point.