



Family-Driven/Youth-Guided Culture

Self-Assessment, Family Tool

Hillside Family of Agencies is committed to providing a Family-Driven/Youth-Guided culture which includes Communication, Partnerships, Trauma Informed Care, Cultural Competence, Peer Supports, Natural Supports, and Community Inclusion.

The purpose of this assessment is to help us understand how we are doing and where we have opportunities to improve. It is not designed to give a score, but rather to provide an opportunity for reflection and quality improvement activities.

Responses to the assessment will be **confidential**. They will in no way be linked to a particular family. There is a chance that if your family receives services from more than one program at HFA, you may be asked to complete more than one assessment. Feel free to decline. Participation in the assessment process is voluntary. If you decide not to complete an assessment, the care that your child and family receives will not be affected.

Date: _____

Age of Child: _____

(If you have more than 1 child in services, choose 1 child and answer questions based on that child only)

Program/ Service: _____

(If this child has more than one program/service, choose 1 and answer questions based on that program)

Length of time that child has been in this program/service: _____

Is there a Family Advocate within this program/ service?

Yes

No

Don't know

Ethnicity of the person completing the assessment:

American Indian or Alaska Native

White or Caucasian

Asian

Bi-Racial or Multi-Racial

Black or African American

Other _____

Hispanic or Latino

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1= no, never, totally disagree
2= some times, partially agree
3= most of the time, agree
4= yes, always, very strongly agree

Individual Families:

- | | | | | | |
|--|---|---|---|---|---|
| 1. <u>I am given help in identifying my child's and family's strengths.</u> | N | 1 | 2 | 3 | 4 |
| 2. <u>I am asked what my child and family needs.</u> | N | 1 | 2 | 3 | 4 |
| 3. <u>Workers ask about my vision of the future for my child and family.</u> | N | 1 | 2 | 3 | 4 |
| 4. <u>I am given the information that I need to help make decisions about my child's care.</u> | N | 1 | 2 | 3 | 4 |
| 5. <u>I am offered help in making decisions.</u> | N | 1 | 2 | 3 | 4 |
| 6. <u>I feel empowered to make decisions for my family.</u> | N | 1 | 2 | 3 | 4 |
| 7. <u>I set goals for my child and family.</u> | N | 1 | 2 | 3 | 4 |
| 8. <u>Workers support my choice of goals.</u> | N | 1 | 2 | 3 | 4 |
| 9. <u>Plans can be changed based on the changing needs of my child and family.</u> | N | 1 | 2 | 3 | 4 |
| 10. <u>I am supported through transitions or big changes.</u> | N | 1 | 2 | 3 | 4 |
| 11. <u>I know whom to call when I have questions or concerns.</u> | N | 1 | 2 | 3 | 4 |
| 12. <u>My calls are returned promptly.</u> | N | 1 | 2 | 3 | 4 |
| 13. <u>I know what to do in a crisis.</u> | N | 1 | 2 | 3 | 4 |
| 14. <u>Workers understand the impact that our family's past experiences have on us.</u> | N | 1 | 2 | 3 | 4 |
| 15. <u>Workers understand and respect my family's culture.</u> | N | 1 | 2 | 3 | 4 |
| 16. <u>My family's cultural and language needs are met.</u> | N | 1 | 2 | 3 | 4 |
| 17. <u>I am offered training.</u> | N | 1 | 2 | 3 | 4 |
| 18. <u>I receive support in organizing my child's records, to help me be his/her long term advocate.</u> | N | 1 | 2 | 3 | 4 |

Individual Youth

- | | | | | | |
|---|---|---|---|---|---|
| 19. <u>My child is involved in everyday decision making about his/her care.</u> | N | 1 | 2 | 3 | 4 |
| 20. <u>My child's plan is based on his/her own goals.</u> | N | 1 | 2 | 3 | 4 |
| 21. <u>My child understands his/her plan.</u> | N | 1 | 2 | 3 | 4 |
| 22. <u>My child receives training in self-advocacy and leadership.</u> | N | 1 | 2 | 3 | 4 |
| 23. <u>My child feels empowered to make decisions about his/her future.</u> | N | 1 | 2 | 3 | 4 |
| 24. <u>My child's culture, language, and values are reflected in his/her day to day care.</u> | N | 1 | 2 | 3 | 4 |

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Partnerships and Team Work:

- | | |
|---|------------------|
| 25. <u>Workers consider me an important part of the team.</u> | <u>N 1 2 3 4</u> |
| 26. <u>Workers treat me like an expert on my child.</u> | <u>N 1 2 3 4</u> |
| 27. <u>I am comfortable letting workers know when I do not agree with them.</u> | <u>N 1 2 3 4</u> |
| 28. <u>I am comfortable asking questions.</u> | <u>N 1 2 3 4</u> |
| 29. <u>I am encouraged to bring others whom I choose to meetings.</u> | <u>N 1 2 3 4</u> |
| 30. <u>Meetings are held at times and places that are comfortable for me.</u> | <u>N 1 2 3 4</u> |
| 31. <u>I receive help in preparing for meetings.</u> | <u>N 1 2 3 4</u> |
| 32. <u>I am offered any documents about my child that I wish to have.</u> | <u>N 1 2 3 4</u> |
| 33. <u>I am made aware of any issues involving my child as soon as other team members become aware of them.</u> | <u>N 1 2 3 4</u> |

Peer Support and Community Inclusion:

- | | |
|--|------------------|
| 34. <u>I have been offered the support of a Family Advocate.</u> | <u>N 1 2 3 4</u> |
| 35. <u>I have been linked with other families who have similar situations.</u> | <u>N 1 2 3 4</u> |
| 36. <u>I have had help linking to family support groups in the community.</u> | <u>N 1 2 3 4</u> |
| 37. <u>I have help linking with natural supports (extended family, neighbors, clergy, coaches, etc)</u> | <u>N 1 2 3 4</u> |
| 38. <u>My child has been offered help from a Peer Youth Advocate.</u> | <u>N 1 2 3 4</u> |
| 39. <u>My child has help with staying connected to our community (school, sports, clubs, neighborhood, friends, etc)</u> | <u>N 1 2 3 4</u> |

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Family Involvement at Program and Agency Level:

40. <u>I have volunteered at Hillside.</u>	N 1 2 3 4
41. <u>I have been asked to participate on program planning or decision making teams (boards, management teams, etc)at Hillside.</u>	N 1 2 3 4
42. <u>I have been asked to be involved in developing agency policies, procedures and evaluations.</u>	N 1 2 3 4
43. <u>I have been asked for input about services and program development.</u>	N 1 2 3 4
44. <u>I know who to contact if I want to give input on Hillside programs and services.</u>	N 1 2 3 4
45. <u>I have been involved in the hiring of new staff (recruiting, interviewing, training).</u>	N 1 2 3 4
46. <u>I have been asked to help train staff about working with families.</u>	N 1 2 3 4
47. <u>I have helped evaluate the performance of workers</u>	N 1 2 3 4

Youth Involvement at Program and Agency Level:

48. <u>My child has been asked for input about services and program development.</u>	N 1 2 3 4
49. <u>My child has been asked to be involved in developing agency policies, procedures and evaluations.</u>	N 1 2 3 4
50. <u>My child has been asked to participate on program planning or decision making teams (boards, management, etc) at Hillside.</u>	N 1 2 3 4
51. <u>My child has been involved in the hiring of new staff (recruiting, interviewing, training).</u>	N 1 2 3 4
52. <u>My child has been asked to help train staff about youth issues and perspectives.</u>	N 1 2 3 4
53. <u>My child is involved in a youth advisory group.</u>	N 1 2 3 4

Systems Involvement:

54. <u>Hillside encourages me to advocate for systems improvement at local, state and national level.</u>	N 1 2 3 4
55. <u>I have been linked with advocacy organizations at local and state levels (Families Together, NAMI, coalitions, etc)</u>	N 1 2 3 4
56. <u>I have partnered with Hillside in advocating for system improvements.</u>	N 1 2 3 4
57. <u>My child has partnered with Hillside in systems advocacy.</u>	N 1 2 3 4
58. <u>My child has been linked to a youth advisory group at local or state level.</u>	N 1 2 3 4

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Awareness of Family Involvement at Program and Agency Level

59. Family input is taken very seriously at Hillside.	N 1 2 3 4
60. Hillside's Mission Statement, Philosophy of Service, and Strategic Plan reflect the importance of family and youth involvement.	N 1 2 3 4
61. Families are included in funding decisions.	N 1 2 3 4
62. Staff are comfortable including parents in program decisions.	N 1 2 3 4
63. Hillside administrators arrange opportunities to have direct contact with youth and families.	N 1 2 3 4
64. Hillside's written materials and communications use youth and family friendly language.	N 1 2 3 4
65. Hillside has a plan to increase family and youth involvement.	N 1 2 3 4
66. Hillside employs staff who are dedicated to increasing family involvement.	N 1 2 3 4
67. Parents are surveyed about their satisfaction with services.	N 1 2 3 4
68. Hillside supports parents in advocating for their children and families with in their programs.	N 1 2 3 4

Awareness of Youth Involvement at Program and Agency Levels:

69. Staff are comfortable including youth in program decisions.	N 1 2 3 4
70. Youth input is taken very seriously at Hillside.	N 1 2 3 4
71. Hillside employs staff who are dedicated to increasing youth involvement.	N 1 2 3 4
72. Youth are surveyed about their satisfaction with services.	N 1 2 3 4
73. Hillside encourages youth to advocate for themselves with in their programs.	N 1 2 3 4
74. Hillside supports the youth voice through a youth advisory group.	N 1 2 3 4

Additional Comments (Use back if necessary):

Please fold your finished assessment, place it in the envelope which has been provided, seal the envelope, and hand it in. Your input is confidential and will not be linked to your family however, if you are not comfortable handing it in to a staff person from your child's program, you may return it by mail to the program in a self addressed stamped envelope which will be provided for you.