INTEGRATING MENTAL HEALTH: A WHOLE HEALTH APPROACH FOR CHILDREN, YOUTH AND FAMILIES

December 2-3, 2014
Saratoga Hilton
Saratoga Springs, NY

NEW YORK STATE COALITION FOR CHILDREN’S MENTAL HEALTH SERVICES
Questions:
Email info@cmhny.org

General Information

Hotel Accommodations and Meals
To make your hotel reservations at the Saratoga Hilton please call the hotel directly as stated on the enclosed Hotel Reservation Form. Meals are included in the Saratoga Hilton hotel fee ONLY. If you are NOT staying at the Saratoga Hilton, and if you are a commuter or staying at another hotel, you MUST purchase meal tickets online at www.cmhny.org. Reminder: Dinner on Tuesday evening is ON YOUR OWN. The village of Saratoga offers an array of dining opportunities for everyone.

We encourage you to go into town for dinner and then come back to the Saratoga Hilton for our Social which will offer a fun networking opportunity and raffles!!

Family and Youth Scholarships
The Coalition encourages all of its member agencies to send family members to the Training Forum. A limited number of scholarships are available to parents, family and youth to cover the hotel cost for one night (includes registration, one night stay, breakfast and lunch). Please email a request for scholarship to info@cmhny.org. Scholarships are awarded on a first-come, first-serve basis.

The NYS Coalition for Children’s Mental Health Services, in collaboration with the New York State Office of Mental Health, is pleased to announce their collaborative 2014 STAFF DEVELOPMENT TRAINING FORUM. Again this year, the NYSOMH HCBS Waiver and SPOA Annual Statewide Training and the Children’s Coalition Annual Training combined resources and expertise into the largest children’s mental health staff development Training Forum in New York State.

Don’t miss out on this great opportunity to participate in the Annual 2014 Staff Development Training Forum

• Receive state-of-the-art education on issues pertaining to children’s mental health services!
• Participate in networking opportunities with colleagues such as direct care givers, family members, senior supervisors and executives from children’s mental health service community providers!
• Enjoy the beautiful surroundings of Saratoga Springs, NY!

Thank You to Committee Members

WENDY ARNOLD, Tioga County Mental Health
JOYCE BILLETTS, Division of Integrated Community Services for Children and Families, NYS OMH
KATE CASTELLI, Co-Chair, Astor Services for Children & Families
ROSE GONG, Division of Integrated Community Services for Children and Family Services, NYS OMH
PAM LEMON, SCO Family of Services
TRISH LUCHNICK, Astor Services for Children and Families
ZYGMENT MALOWICKI, House of the Good Shepherd
MARION MOSSMAN, MHA in Ulster
SUE MUSTARD, Parent, Hillside Family of Agencies
SANDRA OHLSEN, Catholic Charities of Broome County
KATHY PERKINS, Co-Chair, House of the Good Shepherd

JACKIE RAY, Family Advocate, Hillside Children’s Center
VIVIAN SANTANA, Parent, Jewish Board of Family and Children’s Services
JEFF SHAPIRO, Westchester Campus RTF’s & Herschel Alt Westchester Day Treatment, JBFC
DIANNE SMITH, Pathways, Inc.
BEA SLUSZKA, St. Catherine’s Center for Children
MELODIE SWANSON, Scholharie County Mental Health
JOAN VALERY, Parent, Parsons Child and Family Center
MICHELLE WAGNER, Division of Integrated Community Services for Children and Families, NYS OMH
DEBORAH WAYNER, Division of Integrated Community Services for Children and Families, NYS OMH
VIRGINIA WHITFORD-ANKEN, Liberty Resources
Pre-Conference Agenda

Special HCBS Waiver Pre-Conference Session
9:00am – 11:30am
HCBS Waiver Update and CANS-NY Algorithm

9:00am – 10:00am
HCBS Waiver Update
Meredith Ray-LaBatt, MA, MSW, Deputy Director, Division of Integrated Community Services for Children and Families, NYS OMH
Joyce Billetts, Division of Integrated Community Services for Children and Families, NYS OMH
This workshop will provide an opportunity to update HCBS Waiver providers on the status of the HCBS Waiver renewal application to the Center for Medicaid and Medicare Services (CMS).

10:00am – 11:30am
CANS-NY Algorithm
John S. Lyons, PhD, Senior Policy Fellow, Chapin Hall at the Univ. of Chicago
As a result of recent systemic changes in New York State, counties will be required to apply the Child and Adolescent Needs and Strengths (CANS)-NY Algorithm to determine Level of Care (LOC) and eligibility for enrollment into the OMH HCBS Waiver services. This presentation will discuss the development of the algorithm and how it is applied for making LOC determinations in New York State.

Concurrent Pre-Conference Sessions
10:00am – 11:30am
Question, Persuade, Refer (QPR) for Suicide Prevention: 3 Steps to Save a Life
Shannon Oakes, LMSW Chemung County Mental Hygiene, Certified QPR Instructor
Just as people trained in CPR save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to help. In one hour, you can become a “gatekeeper”, or someone in a position to recognize a crisis and the warning signs that someone might be contemplating suicide.

10:00am – 11:30am
Full Coalition Meeting
This meeting is for members of the NYS Coalition for Children’s Mental Health only.
11:45am – 1:30pm
Awards Luncheon & Keynote Address

Welcome
Clyde Comstock, COO, Hillside Family of Agencies and President, NYS Coalition for Children's Mental Health Services

Keynote: Integrating Mental Health - Teaching Resilience by Tapping into Our Own
Stephen “Dr. Bird” Birchak, Ed.D
In today’s high stress world, what can we do to build happiness and resilience in ourselves and the children we work with? How do we maintain positive self-worth when we are pushed to the limit? Author, professor, bestselling author, counseling psychologist, husband, father, and reformed class clown, Dr. Bird is a nationally recognized speaker on issues of character development and positive psychology. He has spoken to over 100,000 people nationwide. His Keynote – “Integrating Mental Health- Teaching Resilience by Tapping Into Our Own” follows our conference theme as he will look at strategies for promoting a whole health approach to positive growth. Dr. Bird uses humor, stories, insights and compassion to share his message. He is the author of “The Jerk Whisperer” and - “How To Build A Child’s Character- By Tapping Into Your Own.” He speaks to audiences nationwide on how to find a positive well-being even when surrounded by adversity and difficult times. Dr. Stephen “Bird” Birchak has become one of the nation’s foremost experts in human relations in the workplace, the home, and in educational settings. His principles involving human character have been used by executives, fortune 500 companies, corporate leaders, practitioners, educators, and parents. www.docbird.com, www.facebook.com/jerkwhisperer

1:45pm – 3:00pm
Workshops A1-A7

A-1 Psychological Assessment: Why We Use it and How it Informs Practice
Talya Kook, PsyD, Licensed Psychologist, JBFCS, Ittleson Center RTF
Anyah Holowitz, PsyD, Licensed Psychologist, JBFCS, Ittleson Center RTF
This presentation will focus on the utility of psychological testing as it pertains to clinical care in a residential treatment facility. Discussion will address consultation of results as pertaining to educational needs, social-emotional functioning, adaptive living skills and family relationships. Particular attention will be given to relevance of psychological assessment in informing treatment and clinical practice

A-2 Bridging the Gap: The Successes and Challenges of Implementing and Running a Transition Age Program for RTF Youth
JBFCS – The Goldsmith Center:
Eric Cornelius, Team Leader
Andrew Dillenbeck, Social Worker
Ingrid McKenzie, Transition Coordinator Supervisor
This presentation will look at and detail the implementation of a specific Transition Age Youth program at Goldsmith RTF designed to help ease the transition from RTF residential care to the adult housing and mental health systems. Presenters will provide a multi-disciplinary perspective on the successes and challenges of implementing such a program, and tips for working to move young adults in RTF care on to the next chapter of their lives.
A-3 Fresh Air, Fun, & Learning All in One! Introduction to Adventure Based Therapy
ALISON WOYTOWICH, LCSW, Certified Ropes Course Facilitator, Program Supervisor for Madison County Placement Diversion and Family Reunification, Liberty Resources, Inc.
Adventure therapy can be defined as, “the prescriptive use of adventure experiences provided by mental health professionals, often conducted in natural settings that kinesthetically engage clients on cognitive, affective and behavioral levels” (Gass, Gillis & Russell, 2012). This workshop is designed to explore what exactly that all means, and how clinicians can be using adventure therapy in their direct work with clients. Be prepared to participate in some practical examples of this exciting experiential education intervention.

A-4 Telling Your Story: Skills for Youth Peer and Family Support Workers
Gwen Breidbart, Parent Advocate, HCBS program
Nicole Giambalvo, MA, Family and Children’s Association, ICC
This presentation aims to provide youth peer and family support workers with practical skills for self-disclosure in the field. Topics addressed will be the role of self-care, strength-based self-disclosure, and effective communication skills for family and youth peer support providers.

A-5 Taking it to Scale: Capturing Outcomes for a Managed Care Environment
DAVID WOODLOCK, MS, Chief Executive Office, ICL
SHARON SORRENTINO, PhD, Vice President, ICL
ELIZABETH CLEEK, PsyD, Chief Innovations Officer, ICL
How do we know that our services are impacting people in the way we hope they are? The transition to Managed Care mandates that we understand client outcomes across programs and settings. In short, we must capture outcomes data across agency settings routinely; be able to report in real time and in a way that provides information about client improvement and the impact of care. This presentation will highlight strategies to build this capacity.

A-6 The HCBS Waiver Process in CAIRS: An Open Discussion, to Assist Users Navigate CAIRS Effectively
TAMI BAKER, CAIRS Trainer ITS
DANIEL FLOREK, Operation Support Unit, NYS OMH
JOYCE BILLETTS, Division of Integrated Community Services for Children and Families, NYS OMH
DEBORAH WAYMER, Waiver Coordinator, Division of Integrated Community Services for Children and Families, NYS OMH
This workshop will provide an opportunity for OMH Waiver staff and CAIRS trainer, Tami Baker, to demonstrate the most effective ways to utilize CAIRS in aiding the Waiver paperless process for enrollment, disenrollment, transfers and reporting. Additionally, the topic of how to best manage slot capacity will be addressed. The workshop will be constructed around a town hall style discussion, allowing for an open forum in which all present can share their experience, voice concerns, and ask for assistance in all CAIRS related areas.
PROGRAM AGENDA
Tuesday, December 2, 2014 (continued)

A-7 Innovative Practices in RTF that are Changing Lives
FRANCES BAHI, PhD, Director of Mental Health Services, Ottilie RTF
STEVE BRENNER, LCSW, Director of Social Services, Ottilie RTF
JERRY CALLAN, LMSW, MPA, Family Finding Director, Hillside Family of Agencies
JACKIE EASTER, Unit Supervisor, Ottilie, RTF
JEAN GALLE, LMSW, Hillside’s Fingerlakes RTF Clinical Manager
KAREN ANN JOHNSON, Family Advocate, Ottilie RTF and Community Residence

Two agencies, SCO and Hillside, have been using innovative practices to improve the lives of youth in their RTFs. SCO will discuss their emphasis on empowering youth and families which has enhanced community integration. Hillside will discuss their use of the Family Finding Model and a focus on permanency and lifelong connections to improve safety, recovery and quality of life.

3:00pm – 3:30pm
Break with Vendors

3:30pm – 5:00pm
Workshops B1-B6

B-1 The Role of Childrens Health Homes in New York State
LANA I. EARLE, Deputy Director, Division of Program Development and Management, Office of Health Insurance Programs (invited)
DEIRDRE ASTIN, Program Manager Health Home Program, Division of Program Development and Management, Office of Health Insurance Programs, NYS DOH

Tailoring New York’s health home model for children has been a careful and deliberate process by child and family stakeholders and state agency representatives. The health homes serving children will not only be expected to enhance access to physical health and behavioral health, but also be capable of accessing family and community supports. Some concepts that need to be fully understood before serving children will be the use of evidence-based models, like hi-fidelity wraparound. Adherence to such practices are expected not only to improve child and family outcomes, but also reduce lifetime health and behavioral health care costs. Join us for a dialogue around these concepts and opportunities to best serve children, youth and families in New York State.

B-2 Partnering for Safety: An Overview
CHRISTINE CUNNINGHAM, Training Specialist Bureau of Education Workforce Development, NYS OMH

The NYS Office of Mental Health is offering Train-The-Trainer programs to non-State service providers for its new training, Partnering for Safety (PFS), starting in January 2015. This workshop will provide an overview of PFS, a curriculum focused on providers’ and recipients’ mutual goal of safety, achieved through the shared creation of a recovery-focused environment.

B-3 Youth Engagement: Expansion of Waiver Youth Peer Advocates
STEPHANIE ORLANDO, Executive Director YOUTH POWER!

In this workshop we will explore the role of Youth Peer Advocates and Mentors in various settings including HCBS, inpatient, residential and community programs. Participants will learn practical tips for integrating youth peers into their treatment teams. Available trainings, resources and supports will also be featured.
B-4  Write it, Draw it, Speak It!: Engaging At-Risk, Vulnerable Youth through Expressive Arts Groups in a Residential Treatment Facility Setting

Melissa Webster, LCSW, Senior Social Worker, Linden Hill-RTF, JBFCS
Maria Walker, MFA, ATR-BC, LCAT, Art Therapist, Linden Hill-RTF, JBFCS

This presentation focuses on the use of creative arts groups as a means of engaging at-risk, vulnerable youth in a residential treatment facility. The presenters will speak to the benefits of a writing group and art therapy groups in the development of self-esteem, self-identity, creativity, frustration tolerance, attention span, and peer support for group members. The presentation will include discussion of group structure and dynamics, and will provide case examples.

Dinner on Your Own

8:00pm – 11:00pm

Networking Social

Join your colleagues for fun, networking and raffle prizes!

B-5  RTF Medical Directors

Matt Perkins, MD, Medical Director, Division of Children and Families, NYS OMH

Take this opportunity to meet with the OMH Medical Director and share concerns, opportunities and practices. The Coalition will submit a list of topics to OMH prior to the session for review and discussion.

B-6  Yoga: A Sensorimotor Approach to Healing Trauma

Lisa Maynard, LMSW, ACSW, RYT, Certified Yoga Instructor

Trauma is experienced in the mind, body and spirit, impacting the ability to self-regulate, process thoughts and feelings, and minimize the re-experiencing of trauma. Yoga, an ancient tradition, utilizes movement, breath and mindfulness. This interactive workshop will demonstrate how a trauma-sensitive yoga practice supports self-regulation and inner calm using breathing techniques, gentle movement, mindfulness and meditation to build and nurture connection to self and others to help facilitate healing.
7:15am-8:00am
Bokwa Fitness
TRACY GARLAND, Instructor
Create letters and numbers with your feet to high energy popular music that is appealing to everybody…it is a blast! As you become familiar with the movements you make it your own still being in sync with the entire class. What Is Bokwa®? Bokwa is a party and a new and completely different approach to group exercise that is rapidly spreading across the globe. Bokwa® participants draw letters and numbers with their feet while performing an energizing and addictive cardio workout routine. Moving together to today’s most popular music, participants of all ages draw the Bokwa® L, 1, C, J and dozens of other steps. For more information, visit the website www.bokwafitness.com.
Note: Sneakers and comfortable clothes required.

8:30am – 9:00am
Morning Keynote
Address New York State’s Behavioral Health Care System for Children, Youth & Families
ANN MARIE T. SULLIVAN, MD, Commissioner, NYS OMH
Dr. Ann Marie Sullivan was confirmed by the New York State Senate as Commissioner for the New York State Office of Mental Health on June 20, 2014. Previously, she was the Senior Vice President for the Queens Health Network of the New York City Health and Hospitals Corporation. As Senior Vice President, she was responsible for Elmhurst and Queens Hospital Centers, two public hospitals which serve a community of over 2 million New York City residents. Along with ensuring the seamless integration and coordination of services across the Network, Dr. Sullivan has aligned and helped to implement key corporate programs such as the Care Management Initiative on the inpatient units and in the emergency services; the development of Breakthrough; the launching of best practices to improve patient safety; and the integration of behavioral health and medical sciences. Dr. Sullivan grew up in Queens, New York City. She graduated from NYU and its School of Medicine and completed her Psychiatric Residency at New York University/ Bellevue Hospital in 1978. She has served as Associate Director of Psychiatry and Medical Director of Ambulatory Care at the Gouverneur Diagnostic and Treatment Center and joined the Queens Health Network as Regional Director of Psychiatry in 1990, overseeing the administrative, budgetary, and clinical aspects of the psychiatric services of both Network hospitals. She has enjoyed an extensive career in public psychiatry and has lectured and published on best practices in community care. Dr. Sullivan is an active advocate for her patients and her profession, is a Distinguished Fellow of the American Psychiatric Association and has served as the Speaker of the American Psychiatric Association’s Assembly and on its Board of Trustees. She is a fellow of the New York Academy of Medicine, a member of the American College of Psychiatrists and the Group for the Advancement of Psychiatry.
Plenary Session
9:00am – 10:00am
Career/Workforce Development Resources to Support Youth from the NYS Department of Labor

Victoria Gray, Director, Career Development and Youth Initiatives, NYS Department of Labor
Brianna Valesey, Youth Engagement Consultant, YOUTH POWER!

Join us to hear about exciting career/workforce development resources designed for youth from the New York State Department of Labor. Learn about updates to the CareerZone (www.careerzone.ny.gov) System and exciting new instructional tools to help adults implement its use in a variety of exciting ways. Be among the first in the state to view new videos designed to help education and workforce professionals put CareerZone into action to help youth and families plan for their future. In addition learn about a new partnership between the Department of Labor and YOUTH POWER! to develop and share workforce resources for youth and adults.

Special Session:  
9:00am – 10:15am
Be Pre-Ready: Establishing a Managed Care Contracting Function in Your Agency

Gerald J. Archibald, CPA, FHFMA, CMCP, Partner, The Bonadio Group

When contracting with an MCO, your old claiming and billing department will not provide the supports you need. This workshop will describe a high-functioning Managed Care contracting function - from the staff size needed to process your volume of claims; to the credentials you need for the folks who will respond to grievances and denials; to the data and evaluation experts you will need to comply with utilization management. The workshop will also discuss other “Provider’s Toolkit” Trainings planned for 2015 by the Coalition.

10:00am – 10:15am
Break

10:15am – 11:30am
Workshops C1-C7

C-1 HCBS Waiver Performance Packet Overview

Yu Chen, Research Scientist, NYS OMH
Marleen Radigan, Director, Office of Performance Measurement and Evaluation, NYS OMH

Performance metrics for the Child HCBS Waiver program will be presented. Presenters will share a statewide, regional and provider-level summary of performance measures related to the utilization of services after a discharge from the program. The measures provide an indication of the discharged population's health status after discharge, as well as the utilization of appropriate care post discharge. Metrics examine Inpatient Psychiatric Service Utilization, Emergency Service Utilization, Mental Health Outpatient Treatment Service Utilization, and Medication Use for children discharged from HCBS Waiver programs during calendar years 2011 and 2012.

C-2 The Art of Writing Effective Goals

Keshana Owens Cody, Training Project Manager, Parsons Child and Family Center, Sidney Albert Training and Research Institute

Writing effective goals is sometimes seen as an art form. This workshop will explore the basic components that should be included when writing goals and tracking progress. Participants will learn how to use the basic components to design goals creatively in partnership with children and families, using the CANS NY.
C-3 Truly Transitioning Transition Age Youth

Christina Mansfield, LCSW, Senior Vice President, ICL
Sharon Sorrentino, PhD, Vice President, ICL
Jeanie Tse, MD, Associate Chief Medical Officer, ICL

ICL’s Livonia Residence (CR/SRO) has had remarkable success with truly transitioning our Transition Age Youth from the children’s mental health system (primarily RTFs and foster care) to community living in our CR/SRO, and from there on to more independent living. We developed an individualized program model based on the core values of trauma informed care, personal responsibility, flexibility of residential and treatment services, and, most importantly, the belief that these young adults can develop and maximize the skills to live outside the residential mental health system.

C-4 NYS PROMISE: Promoting the Readiness of Minors in Supplemental Security Income

Andy Sink, PROMISE Deputy Director, Research Foundation for Mental Hygiene

NYS PROMISE is an innovative and unique Research Demonstration Project aimed at improving outcomes for SSI youth and their families. The project is sponsored jointly by the U.S. Department of Education, the Social Security Administration, U.S. Department and Human Services, and the U.S. Department of Labor. In three regions of our state, NYC, the Capital District and Western NY, PROMISE will work with Parent Centers, Research Demonstration Sites and Community Providers to deliver interventions at an earlier age than has been previously available. This joint project is a true collaboration between NYS OMH, OPWDD, CB, DOH, ACCES-VR, DOL and Cornell University. The presenter will describe the purpose, recruitment, intervention, and research design, including current status and next steps.

C-5 Family Peer Support Services: Thriving in an Evolving Service System

Anne Kupping, Director of Training and Credentialing, Families Together in New York State
Nancy Craig, Parent Advisor, NYS OMH, Western NY Field Office
Heather Lane, Family and Youth Peer Coordinator, NYS OMH, Central New York Field Office

Family Peer Support Services have been a critical part of the New York State system of care for over 20 years and is poised to reach even more families as we move into Medicaid Managed Care. This workshop will provide an overview of FPA Credentialing and Training, the adoption of FANS as an outcomes tool for FPSS, and engage participants in a discussion about how to focus the role of FPSS and strengthen FPSS’ partnership with both families and providers.

C-6 Navigating New York States Transition to Managed Care

Mary McKernan McKay, Ph.D., Professor & Director McSilver Institute for Poverty Policy & Research, Silver School of Social Work, New York University
Andrew F. Cleek, Psy.D., Executive Officer: McSilver-UIBH, Research Assistant Professor, NYU School of Medicine, McSilver Institute for Poverty, Policy, & Research, New York University
Meaghan E. Baier, LMSW, Project Manager & Analyst, ICL

New York State’s behavioral health system will transition to a system of Medicaid Managed Care from a fee for service model beginning in early 2015. This change has far reaching implications within the behavioral health system for both providers and the populations that they serve. Along with the New York State Department of Health (DOH), Office of Mental Health (OMH), and the Office of Alcoholism and Substance Abuse Services (OASAS), the Community Technical Assistance Center of New York has developed a specific managed care focused-initiative, the Managed Care Technical Assistance Center
(MCTAC), which is providing technical assistance, training, and support to the close to 900 providers ahead of and throughout the transition. Specifically, this workshop will address: 1) Key areas of readiness that all providers need to consider ahead of the transition to Managed Care 2) Discussion of what changes front line providers can expect and how they can prepare 3) How the transition to managed care fits in with other initiatives and the broader changing health care landscape.

C-7 SPOA Meeting
Facilitator: **Michelle Wagner**, NYS OMH, Division of Integrated Community Services for Children and Families
**Meredith Ray-LaBatt**, MA, MSW, Deputy Director, Division of Integrated Community Services for Children and Families, NYS OMH
This session will discuss how the Balancing Incentive Program and Health Home implementation will impact local systems of care and the children they serve. SPOA coordinators will have the opportunity to discuss how these impending changes will affect their role in the future of SPOA services.

11:30am – 11:45am
Break

11:45am – 1:00pm
Workshops D1-D6

D-1 RTF Performance Packet Overview
**Yu Chen**, Research Scientist, NYS OMH
**Marleen Radigan**, Director, Office of Performance Measurement and Evaluation, NYS OMH
This presentation is about performance measure packets for Residential Treatment Facilities. It is a statewide, regional and provider-level summary of performance measures related to the utilization of services after a discharge from the program. The measures provide an indication of the discharged population’s health status after discharge, as well as the utilization of appropriate care post discharge. Metrics examine Inpatient Psychiatric Service Utilization, Emergency Service Utilization, Mental Health Outpatient Treatment Service utilization, and Medication Use for children discharged from RTF programs during calendar years 2011 and 2012.

D-2 Incorporating Family Assessment of Needs and Strengths into Service Planning
**Lisa Kinney**, Assistant Director for Family Involvement, Hillside Children’s Center
**Jackie Ray**, HCBW Family Advocate Supervisor, Hillside Children’s Center
This presentation will give an overview of the Family Assessment of Needs and Strengths (FANS) tool. The tool is created to be a Family Driven document for setting goals and measuring progress toward goals. Family members assign their own scores in each domain. A brief synopsis of the training will be offered so participants will have a basic understanding of the tool. A case study will be used to show how the information from the FANS tool was incorporated into service planning. The workshop will also review some sample tools for tracking progress and further development of goals with task assignments. The New York State Office of Mental Health will be collecting this data to show how Peer Family Support Services can be incorporated into service plans and how outcomes can improve with the involvement of a Peer Family Support provider.

D-3 Trauma-Informed Care 2.0 (Abbreviated)
**William Paton**, Training Specialist, Bureau of Education and Workforce Development, NYS OMH
Trauma-informed care has been identified as a level of care needed for people to recover and gain resiliency. The Trauma-Informed Care 2.0 training, which is already available to OMH employees, is now available to non-State providers through Train-The-Trainer programs. This abbreviated version affords the opportunity to see what the training is about and to evaluate it for use in your own agency.
D-4 Managing Comprehensive Care: Applying Fennell’s Four Phase Specialized Chronic Syndrome Care Management System to Achieve Desirable Outcomes

**Patricia Fennell, LCSW-R, CEO, Albany Health Management Associates, Inc.**

**Jon Rice, Program Specialist 2, NYS OMH**

So, how do we actually manage care comprehensively? Fennell’s internationally recognized evidence-based Four Phase Chronic Syndrome Care Management system has been developed over twenty years and is specifically suited to match today’s challenges within a managed care environment. This workshop will present the psychological, functional/behavioral and social/interactive domains staff are likely to encounter when assisting clients through their phases of recovery and what staff may do to address these variant needs. Matching intervention to phase will be key to producing desirable outcomes whether in a care management/health home or in a residential treatment facility and other settings in between.

D-5 Children’s Behavioral Health MMC Design and Transition

**Angela Keller, LMSW, Medicaid Managed Care Transition Consultant, Division of Integrated Community Services for Children & Families, NYS OMH**

Join your colleagues at this up-to-date presentation from State staff on the evolution of the Children’s MMC Design and Transition. The workshop will offer an opportunity for dialogue and questions regarding the design and current progress, including what activities are coming for 2015.

D-6 The Road to Employment: A Youth’s Perspective

**Brianna Valesey, Youth Engagement Consultant, YOUTH POWER!**

This presentation will begin with the presenter sharing her personal experience transitioning into adulthood and seeking employment. Following this introduction, there will be an overview of the many barriers youth face. These barriers include: knowing where to start, tackling anxieties, understanding rights, deciding whether or not to disclose a disability/mental illness, and overcoming stigmas. Coinciding with each barrier will be solutions and best practices to assist youth in overcoming these barriers. Various additional resources will be provided to the audience in order to further assist them in aiding youth. The second part of this presentation will include an introduction and overview of the NYS Department of Labor's CareerZone website. The audience will learn how to navigate the site and what resources are available to them. A sample youth curriculum will be discussed and be provided to the audience along with examples of activities to be completed with youth in order to further promote career exploration. The most important aspect of providing assistance to youth is understanding their perspective. In this workshop, we will discuss the barriers youth with behavioral health needs face as they seek employment from the perspective of the youth as well as solutions and best practices. Also included in the workshop will be an overview of the NYS Department of Labor’s CareerZone and how this tool can be used to assist youth seeking employment.

1:00pm Adjournment
The NYS Coalition for Children’s Mental Health Services and the NYS Office of Mental Health is pleased to announce a paper-free registration process! All registrations will be submitted online. Go to www.cmhny.org/registration to register and complete the form. If you have any questions or need further instructions email us at info@cmhny.org. To make your hotel reservations, you must call the hotel directly as described on the enclosed Hotel Reservation Form.

**Registration Information**

The registration fee DOES NOT INCLUDE HOTEL COSTS OR MEALS. Coalition Members, HCBS Agencies and SPOA Agencies
- NO CHARGE

NON-MEMBERS: (RTF’s, CR’s, FBT’s, Clinics, CBOs and others that are not members of the NYS Coalition for Children’s Mental Health Services)
- Full Registration (12/2 & 3): $150
- Tuesday, 12/2 Only: $100
- Wednesday, 12/3 Only: $100

**Meal Information**

If staying at the Saratoga Hilton, your meals are included in the hotel rate. Commuter Meal Rates:
- Tuesday Keynote & Awards Luncheon: $30
- Wednesday Breakfast: $20

**Cancellation and Late Fee Policy**

Conference registration cancellations received before November 21st entitle registrants to a full refund. NO REFUNDS will be issued for cancellations received after November 21st. Refunds will NOT be made for no-shows. However, substitutions will be allowed. ANY NO-SHOW (WITHOUT PRIOR NOTICE OF CANCELLATION) WILL BE INVOICED FOR THE FULL NON-MEMBER REGISTRATION FEE TO COMPENSATE FOR COSTS INCURRED BY THE COALITION.

The New York State Coalition for Children’s Mental Health Services • PO Box 7124, Albany, New York 12224

QUESTIONS: EMAIL info@cmhny.org